

# Research on the Innovation of Dance Teaching Mode under the Multimedia Background

Lei Han

Conservatory of Music, Ningxia University, Ningxia, 750021, China

**Keywords:** Multi-Media; Dance teaching mode; Innovate

**Abstract:** In the traditional dance teaching mode, the classroom teaching mode of teachers' performance and students' learning is mainly adopted. Students learn the dance actions according to the teacher's presentation, and then make corresponding actions according to their own understanding. However, in this teaching mode, due to the different locations of the teaching room, some students can hardly see the dance actions displayed by the teacher, which affects the learning effect. In recent years, with the rapid development of multimedia technology in China, various industries and fields have begun to actively apply multimedia related technologies. At the same time, teaching and multimedia technology have been widely integrated in the field of education in China. It has greatly promoted the improvement of dance teaching efficiency and teaching quality, and it will also inevitably have a huge impact on the knowledge transfer mode, educational objectives, courses, teachers and students in dance education. It is an inevitable trend to realize the modernization of dance education by using the scientific achievements of multimedia technology, changing the situation where the previous dance education mode was relatively backward, and adjusting the original teaching mode and structure.

## 1. Introduction

Dance is a kind of body art, which is popular all over the country, especially in art colleges and universities, which are the main means of art transmission, and has become the focus of dance lovers. In recent years, the most popular concern is the innovative mode of dance teaching. In the traditional dance teaching mode, the classroom teaching mode of teacher performance and student learning is mainly adopted. Students learn the dance actions according to the teacher's presentation and then make corresponding actions according to their own understanding. However, in this teaching mode, due to the different positions of the teaching room where students are located, some students can hardly see the dance actions displayed by the teacher, which affects the learning effect [1]. Then, in the current state of life, continuous reform and improvement of dance teaching means is to effectively improve the quality of teaching. In the process of continuous reform, new methods are gradually stabilized and integrated into the general concept of contemporary art education, so as to cultivate dance talents with higher levels, more skills and better accomplishments [2].

In recent years, with the rapid development of multimedia technology in China, various industries and fields have begun to actively apply multimedia related technologies. At the same time, teaching and multimedia technology have been widely integrated in the field of education in China. It has greatly promoted the improvement of dance teaching efficiency and teaching quality, and it will also inevitably have a huge impact on the knowledge transfer mode, educational objectives, courses, teachers and students in dance education. In the dance teaching mode, teachers effectively introduce multimedia technology, which can enable all students to watch relevant actions 360 degrees through projectors and other equipment, and greatly enhance the intuitiveness of the teaching process [3-4]. At the same time, students can copy multimedia courseware by themselves, and repeat learning according to their actual needs after class, so that the overall learning quality can be improved. The application of multimedia teaching in dance teaching can create a good classroom atmosphere, carry out accurate teaching feedback and improve learning initiative. By using multimedia technology to carry out dance teaching, we can greatly improve the intuitionistic degree of teaching, transform abstract and complex dance theoretical knowledge into

realistic images and videos, so that students can experience the fun of knowledge in person, meet students' learning objectives. When using modern multimedia technology in dance teaching, we must grasp the characteristics of dance teaching, adhere to the principles of diversity, moderation and integration. On this basis, we should establish a scientific concept of education, strengthen the ability of college dance teachers and adopt flexible and diverse teaching models to improve the effectiveness of dance teaching [5]. It is an inevitable trend to realize the modernization of dance education by using the scientific achievements of multimedia technology, changing the situation where the previous dance education mode was relatively backward, and adjusting the original teaching mode and structure.

## 2. The rigid demand of innovative dance teaching under the multimedia background

### 2.1. Dance teaching can change people's artistic thinking

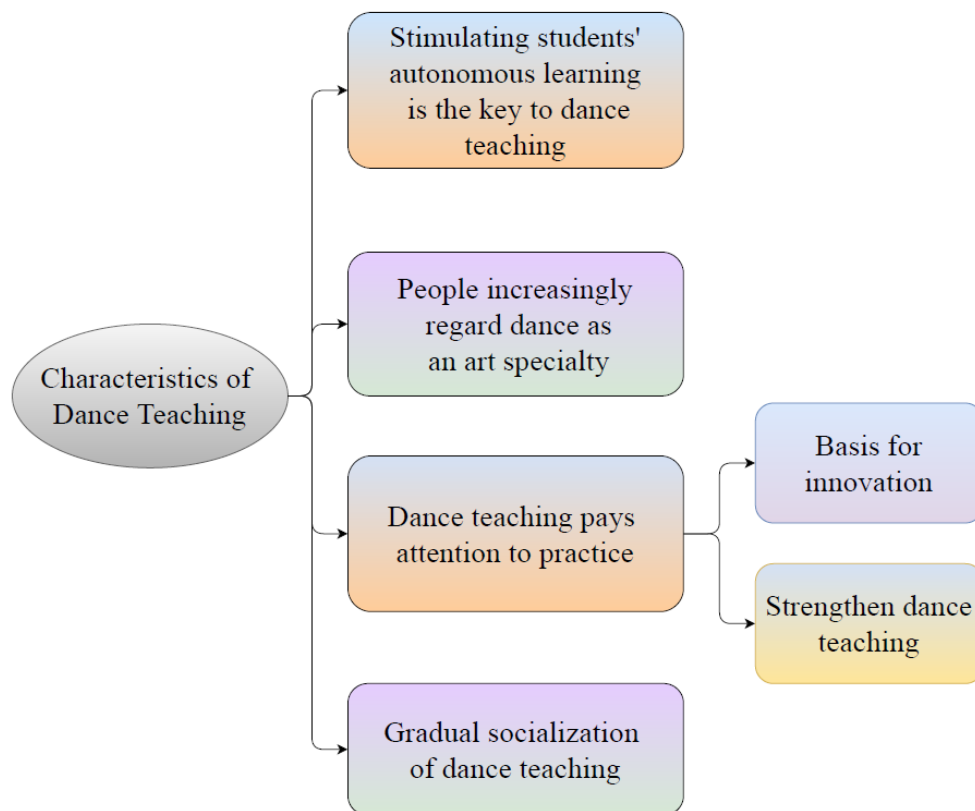


Figure 1 Characteristics of dance teaching

Dance teaching, as a subject in art college teaching, has a very important position. The simplest example is that dance is used in various performances and competitions, which is also a concentrated expression of artistic level. Dance is the most effective art to stretch the body and mind, the most relaxed first stage of human entertainment, and the main art form that can relieve pressure [6]. Under the high pressure of modern life, dance has become a favorite art form. However, multimedia technology can make some valuable pictures and audio-visual materials stored for a long time, which is conducive to students' repeated viewing and speculation. For the teaching content that is difficult to interpret with words, make some videos or pictures with the help of multimedia technology, and convey them in a visual form, so that students can understand and master them easily, and then achieve flexible learning and mastery [7]. It greatly enriches people's spiritual life and is very effective in improving people's appreciation of dance works. Dance teaching is mainly in the form of "teaching by words and deeds". Over the years, a complete teaching process and concept have been formed. Many valuable experiences are worth learning and preserving. But the traditional teaching method makes the students less active, the collision of ideas between teachers and students is not stimulated, and the simple teaching and learning make the two

not interactive. It is not conducive to the exploration of learners' innovative spirit and independent spirit. Multimedia teaching affects traditional dance teaching in a form that students are willing to accept, showing some characteristics, as shown in Figure 1.

In addition, when dancing, people's emotions are closely combined with music. Learn to use dance multimedia technology to add interest to the relatively old dance teaching mode, so as to output teaching information more intuitively and help students overcome the confusion and problems in dance learning [8]. Third, the cases are rich and comprehensive. This book is not only a research work, but also a great help to guide the actual dance teaching work. At the same time, with the help of multimedia technology, students will be provided with more excellent dance videos for learning, appreciation and discussion. With this direct visual impact, students can experience their senses, deepen their impression, improve their dance accomplishment and feel the charm of dance.

## **2.2. The Inevitability of the Development of the Present Situation of Dance Teaching**

Dance is a kind of body language, and it is also an art full of flexibility and beauty, with high artistic appreciation. In the practice of dance teaching, the charm of dance art can not be fully displayed if teachers' oral teaching alone. Because of its limited vocabulary and single interpretation form, it can not effectively attract students' attention and drive their interest and desire in learning. Students are individuals with independent personality, rich imagination and innovation, and strong ability to accept new things. They are full of vitality, rebellion, and all possibilities. This is because they are the product of the times, and they are also the darling of the times [9]. Therefore, the traditional dance classroom teaching model has gradually emerged unsatisfactory. The dance teaching in colleges and universities is constantly enriching and improving both in teaching methods and teaching concepts, emphasizing the new characteristics of independent learning as the main, and emphasizing the combination of practicality and openness. The flexible application of modern multimedia technology can create a good teaching atmosphere and lay a solid foundation for the comprehensive innovation of dance teaching in colleges and universities.

Teachers can use multimedia technology to explain the key and difficult points of a certain dance movement, analyze which should be remembered, which should be innovated, and which is the difficult point, so as to reduce the difficulty of students' learning dance, improve their confidence in learning, and improve teaching efficiency and quality [10]. Students will cause many problems in one problem, which will greatly consume a lot of time in class, which violates the teaching rules. Therefore, facing the new generation of teaching objects, the reform of dance classroom teaching mode is imperative. In the past teaching, students often studied in a single environment and had less opportunities to contact the stage, lights and background, which made it difficult for students to adapt to the social stage after graduation, but also constrained the development prospects of students. Modern multimedia technology can use high-tech means to simulate the stage effect, so that students can better learn and create activities.

## **3. Preliminary Construction of a New Dance Teaching Model under the Background of Multimedia**

### **3.1. The results to be achieved through the new mode of teaching**

The preliminary construction of a new dance teaching model, for such obscure statements, let's first explain. The so-called "preliminary construction of a new dance teaching model" refers to a more standardized model for the specific teaching activities of dance classroom teaching. Multimedia technology is carried out because of the geometric distortion caused by the special track and track with large information content and fast information transmission. Before providing the user with the data, the ground receiving station usually receives the relevant atmospheric state, sensor performance index, solar altitude angle and running attitude at the same time with the image according to the conventional processing scheme, and corrects the geometric distortion of the image [11]. The quality of learning atmosphere affects the teaching quality and effect to a certain extent. Multimedia technology can make dance teachers in colleges and universities make a variety of

teaching plans suitable for students with rich and colorful contents, vivid pictures and many other forms, so that the boring teaching classroom in the past becomes vivid, and teachers and students can devote themselves to dance, creating a good learning atmosphere and reducing the truancy rate. The application of multimedia technology in dance teaching can optimize the teaching process, and then strengthen the teaching effect. In concrete application, we should adhere to the principles of difference, moderation and integration, and on this basis, increase the construction of teaching staff in colleges and universities, so that both hardware and software of teaching can be improved qualitatively, and multimedia technology and dance teaching mode can be better integrated organically. See Figure 2.

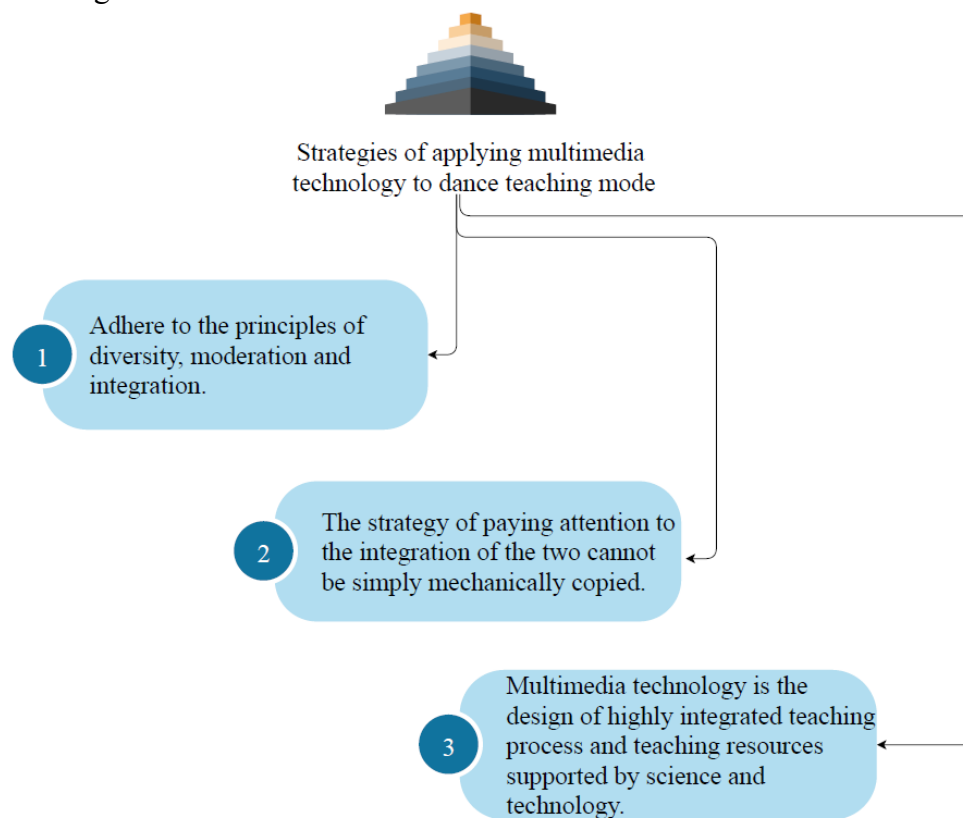


Figure 2 Strategies of applying multimedia technology to dance teaching mode

Therefore, in the specific implementation process, teachers should always make it clear that students are the main body of the whole teaching activities, and teachers are in an auxiliary position. However, when teachers are carrying out such "student-centered" teaching activities, they should put students' learning and cognitive laws in a crucial position. The formation of the new dance teaching mode is to control the point to the maximum extent, take students' active learning as the route, and teachers follow the students, and in the process of follow-up, they infiltrate the theory into it. In this process, teachers can play a guiding role, arouse students' interest in learning, and stimulate the "why" in students' minds.

### 3.2. The Belonging Type of the New Mode of Dance Teaching

The traditional teaching mode is based on teachers' teaching, which belittles the needs of students. The new dance teaching mode must abandon the traditional disadvantages, take students as the main position, and teach according to the students' wishes. Of course, it is also necessary to give proper instructions and guidance to students before this, so that they can not be allowed to develop their teaching content. In the actual process of teaching dance, teachers can first record the students' exercise content, and then edit the video content as needed to record the whole learning process of students, and then make it into a multimedia file to present to students, guide students to strictly and carefully analyze their own dance movements and shapes, and at the same time, they can also compare, research Discussion. In the process of applying multimedia teaching methods,

through the application of computer technology, we can integrate text, audio, images, videos and other forms perfectly, and record students' learning, exercises and other situations in real time. At the same time, we can perfectly show students' dance skills, so that students can independently correct, improve the practice effect and learning efficiency.

We all know the truth about infiltration and guidance. In this new teaching mode, teachers are required to have high quality cultivation and flexible adaptability, so that they can completely control the classroom in their own plans. Teaching feedback is the premise to improve the quality of education. We should fully realize the importance of teaching feedback in dance teaching. The traditional form of dance teaching in colleges and universities is "teaching by words and deeds". Teachers can only find out students' deficiencies in details and find out the reasons by checking them one by one. Teachers should take advantage of this opportunity to subtly bring their thoughts back to the classroom, and at the same time, correctly guide them in the language to achieve win-win results. The realization of this effect requires teachers to have a high ability of teaching stress, which will, of course, become a new topic of teacher training in colleges and universities in the near future.

#### **4. Conclusions**

In today's highly competitive social environment, it is necessary to strengthen students' daily training and practice. Therefore, multimedia technology can be used to gradually improve teaching content and expand teaching methods, so that students can know more about different types of dances. Dance teachers should correctly treat the opportunities and challenges brought by the times, actively innovate their own teaching ideas, scientifically plan their daily dance teaching strategies, guide students to actively participate in the process of dance practice, improve the teaching efficiency of dance class, and make the value of multimedia technology play to the greatest extent in class. In actual dance teaching, we should pay attention to the application of multimedia technology in dance teaching, learn to keep pace with the times, closely combine the development needs of society and industry, actively improve and adjust teaching strategies, standardize the application forms of multimedia technology in dance teaching, and form a complete teaching system. In the final analysis, the new mode of dance teaching under multimedia technology is to integrate the culture behind dance movements into the classroom of dance teaching, so as to realize "research on dance in culture" and "research on dance as culture". Only by integrating multimedia technology into the general idea of contemporary art education can we hope to cultivate dance art talents with higher level, more skills and better accomplishment for our country.

#### **References**

- [1] Zhao L. Inheritance and Innovation of Lingnan Culture in Dance Education[J]. Journal of Guangdong University of Petrochemical Technology, 2019, 49(20):31-62.
- [2] Chen Y R. The Restrictive Factors and Development Strategies of College Sports Dance Teaching in the Background of "Internet plus"[J]. Theory and Practice of Education, 2018, 25(11):37-58.
- [3] Guangzhong Li. Teaching Exploration of Multi-Media Technology and Application under the Back-ground of New Era[J]. Advances in Education, 2019, 09(2):73-76.
- [4] Yin J. Application of multi-media platform in mathematics teaching[J]. Revista de la Facultad de Ingenieria, 2017, 32(11):871-875.
- [5] Diao S H, Huang Z X, Humanities S O. Predicament and outlet——Transformation and innovation of teaching mode for media arts majors in internet age[J]. Research in Teaching, 2018, 47(10):23-49.
- [6] Li C, Chen Y. Research on Survey and Evaluation of Singapore Chinese Multi-media Teaching Resources[J]. Overseas Chinese Education, 2018, 66(20):21-27.

- [7] Zhao L. Inheritance and Innovation of Lingnan Culture in Dance Education[J]. Journal of Guangdong University of Petrochemical Technology, 2019, 24(7):23-52.
- [8] Chen Y R. The Restrictive Factors and Development Strategies of College Sports Dance Teaching in the Background of "Internet plus"[J]. Theory and Practice of Education, 2018, 36(8):11-19.
- [9] Fang-Xiang F U, Wang G Z, Yong-Hong H U, et al. Innovative Research of the Teaching Methods of Line Dance In General Colleges and Universities[J]. Journal of Guangzhou Sport University, 2018, 22(10):29-47.
- [10] Liao S S, University J V. Research on the Implementation of Students' Self-directed Learning Strategies in Higher Vocational Dance Teaching[J]. Journal of Heilongjiang Vocational Institute of Ecological Engineering, 2019, 38(17):34-87.
- [11] Wang Q, Academy D, Academy N A. On the Brand Teaching of Kun Dancing in Nanjing Institute of Arts[J]. The Theory and Practice of Innovation and Entrepreneurship, 2018, 26(8):12-22.